

Almond Butter Banana Bites



Nutrition Facts / 1 bite

117 kcal, 3 g protein, 11 g carbs, 6 g fat, 2.3 g fiber, 14.8 mg sodium, 4.6 g sugar, 36.6 mg magnesium, 132 mg potassium

Ingredients

- 1 medium banana
- ¼ cup almond butter
- 2 tablespoons honey
- Pinch of salt
- 1 ½ cups oats
- ¼ cup unsweetened shredded coconut, plus more for rolling
- ¼ cup finely chopped toasted walnuts

Directions

1. In a large bowl, mash the banana. Once thoroughly mashed, stir in almond butter, honey, and salt until combined.
2. Stir in oats, coconut, and walnuts until thoroughly mixed. Refrigerate mixture for 1-2 hours, then roll into 12 balls.
3. Roll each bite in shredded coconut. Keep refrigerated and enjoy!